

Ridenhour - Griffin - Shocklee - Sadler - Drayton  
The woman makes the men all pause  
And if you got a woman  
She might make you forget yours  
There's a 5 letter word  
To describe her character  
But her brains being washed by an actor  
And every real man that tries to approach  
Come the closer he comes  
He gets dissed like a roach

REFRAIN:

I don't think I can handle  
She goes channel to channel  
Cold lookin' for that hero  
She watch channel zero

CHORUS:

She watch, She watch (4x)  
(Flavor Ad lib)

2, 7, 5, 4, 8 she watched she said  
All added up to zero  
And nothing in her head  
She turns and turns  
And she hopes the soaps  
Are for real - she learns  
Is that it ain't true, nope  
But she won't survive  
And rather die and lie  
Falls a fool - for some dude - on a tube

REPEAT REFRAIN  
CHORUS

Trouble vision for a sister  
Because I know she don't know, I quote  
Her brains retrained  
By a 24 inch remote  
Revolution a solution  
For all our children  
But all her children  
Don't mean as much as the show, I mean  
Watch her worship the screen, and fiend  
For a TV ad  
And it just makes me mad

REPEAT REFRAIN  
CHORUS